

Kosana Stanetić, Mirko Stanetić, Mira Popović: Terapija hipertenzije u našim uslovima. III Kongres ratne medicine 2001, Zbornik radova Vol No IV, 105-110.

Prema najnovijim studijama za dugotrajno liječenje hipertenzije prednost u odnosu na druge lijekove imaju tiazidski diuretici, beta blokatori i ACE inhibitori. Pokazati zastupljenost lijekova za liječenje hipertenzije prema savremenim preporukama u našim uslovima. U ambulantnim uslovima urađena je anketa 231 bolesnika, u avgustu i septembru 2000. godine, metodom slučajnog uzorka. Bolesnici su različite životne dobi i pola. ACE inhibitore za terapiju hipertenzije koristi 119 bolesnika (51,5%), tiazidne diuretike kao monoterapiju ne koristi ni jedan bolesnik (0%). Antagoniste kalcijuma za terapiju koristi 40 bolesnika (17,3%), beta blokatore koristi 18 bolesnika (7,7%). Kombinaciju rezerpina sa diureticima koristi 32 bolesnika (13,8%), a metildopa 13 bolesnika (5,6%). Terapija hipertenzije u našim uslovima ne odgovara savremenim smjernicama za liječenje osim korištenja ACE-inhibitora, što je svakako posljedica ratnih zbivanja, nedovoljne edukacije i visoke cijene lijekova.

Ključne riječi: hipertenzija, lijekovi, zastupljenost

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To the best new study for prolonge therapy hypertension priority have hydrochlortiasid diuretics, beta-blockers and ACE-inhibitors, respect or other drugs. Show replace drugs for treatment hypertension in our limitation. In ambulance conditions questionnaire was made at august and september 2000. by method accidental model. It was polled 231 patients. Patients were different age and sex. At therapy hypertension 119 patients have used ACE-inhibitors (51,5%), nobody used only hydrochlortiasid diuretics at therapy, 40 patients have used antagonist-Ca (17,3%), 18 patients have used beta-blockers (7,7%). Combination rezerpin and diuretik is used by 32 patients (13,8%), methyldopa is used by 13 patients (5,6%). Therapy arterial hypertension does not commendurable against the new study, barring using ACE-inhibitors. It is consequence war, insufficient education and high price drugs.

Key words: hypertension, drugs, application